

## Family Nursing & Home Care Colour Festival 18th May 2024



## What is Colour Festival?

Colour Festival is a 5km fun run in which the runners are covered from head to toe in different coloured powder at each paint station set up around the course. The event welcomes families, corporate teams and groups of friends who want to take part in a worthwhile and fun event. There will be stage with a DJ to get everyone warmed up, stretched down and keep the crowd entertained throughout. The event has been hugely successful since it started in 2016.

The 'paint' is cornstarch in powder form and is non-toxic and environmentally friendly. It is more like make-up than paint and is completely safe. It's held on the beach at low tide and the incoming tide will 'clean' the beach of colour powder for us.





## **School Competition**

Every school in Jersey will be given the opportunity to compete for the highest percentage of Colour Festival sign-ups from their students.

The winning school will be awarded with a trophy which will be engraved with the school's name. The award will be presented on stage at the Colour Festival event. The trophy can be proudly displayed in the school. This will be an annual competition, so the trophy will need to be returned in April 2025 ready to present to the winning school at Colour Festival next year.

The winning school will also be given the opportunity to select three students to sound the starting horn as each wave of runners enters the race.

FNHC will provide a PowerPoint presentation with all of the information required about the event and the competition which can be presented to students in your own time. Alternatively, we would be happy to visit your school and present the PowerPoint in an assembly for you.

We will also provide posters to be displayed around the school and leaflets for the children to take home to their parents to sign them up if they wish to be involved.

We would love to work with you to develop this exciting opportunity for the children which promotes healthy living by encouraging them to get out in the fresh air exercising with friends and family, while raising money for a great cause.





## Impact of your sponsorship:

All funds raised by FNHC's Colour Festival will support our Children's Palliative Care Services. This involves supporting children with life limiting and life threatening illnesses.

Case story – A Paediatric Care Worker, Vickie, provided respite to a young lady receiving end-of-life care and no longer wanted to leave her home. Vickie tailored the support to her specific interests and hobbies and spent time making slime, doing crafts and painting and sourcing a hot tub! Memory making was also incorporated into this work (such as hand castings) and a worry monster used to initiate some of the very difficult conversations required. Due to the relationship that was built over time Vickie was the only practitioner that managed to discover the fears and anxieties that were felt surrounding death.

Your funds will support these children to achieve their goals and have the same experiences as others. They will also enhance the quality of life for patients and their families during these challenging times. FNHC provide comfort and support during end of life care.



