Lesson Contents

Your task is to complete these lessons to work towards making your own Time Capsule. This will be your chance to record your accounts of your time through the Coronavirus and share messages through facts, opinions and awareness to others, all the while spreading messages of positivity.

Lesson 1. **Compose** a letter to yourself informing you on what is going on and to refer to in the future.

Lesson 2. **Write** a newspaper article about the events.

Lesson 3. **Create** a speech persuading others to prevent the spread of any further illness.

Lesson 4. **Design** a leaflet about Coronavirus and how to combat it.

Introduction

Lesson 5. **Construct** your own Time Capsule
In your lifetime, there have been very few occasions where a lock down has had to be enforced.

The Coronavirus has prompted the vast majority of Europe to close their borders including: Italy, France and Spain (who have implemented a full state lock down).

We are living through history. In years to come people will look back on this - it may be even taught in schools!

This capsule will contain activities and tasks to produce your account of COVID-19. They can be then sealed away and in many years to come, you or anyone else who opens your time capsule will be able to delve into the world of what it is like to live through this unusual time.
Lesson 3: Create your Speech

Starter - Watch the video using the link below:

https://www.youtube.com/watch?v=W-K3DxJzyZU

Task: List in your Home Learning Books what the good and bad things are about this speech?

Speeches are how many people – politicians, sportsmen, headteachers – get messages across to large numbers of people.

What are the rules for writing a speech?
Come up with 5 as a minimum.

1.
2.
3.
4.
5.
Lesson 3: Create your Speech

Task: Write a speech on an A4 piece of paper, imploring people to do what they can to stop the spread of Covid-19.

- How can we stop it?
- What advice have we been given?
- What tips do you have for the people listening to your speech?

Use the structure below to help:

In many ways, a speech is similar to a letter. The main difference is you need to keep an audience's attention, not just one person.

What is the main technique for this?
Stay at home.
Limit all your non-essential travels.
*Unless you’re going out for food, medicines or other essentials.*

Check your temperature.
Check your temperature at least two times a day.

Watch for other symptoms.
Aside from fever, Covid-19 symptoms include cough, difficulty breathing, and fatigue.

Practice social distancing.
If you need to go out, maintain at least 1 meter (3 feet) distance from others.

Wash your hands.
Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitizer.

Stay in a specific room.
If you’re sick or suspect yourself to be sick, it’s best to stay in a designated room or area away from others.
*If possible, have a designated toilet and bathroom as well.*

Call your doctor or hospital before visiting.
If you need to seek medical attention whether for viral symptoms or other medical care reasons, contact your doctor or hospital ahead of time so they can prepare and take precautions for your arrival.

Self-quarantine is recommended for individuals who have been directly exposed to the new Coronavirus or have history of travel in infected or heavily populated areas.